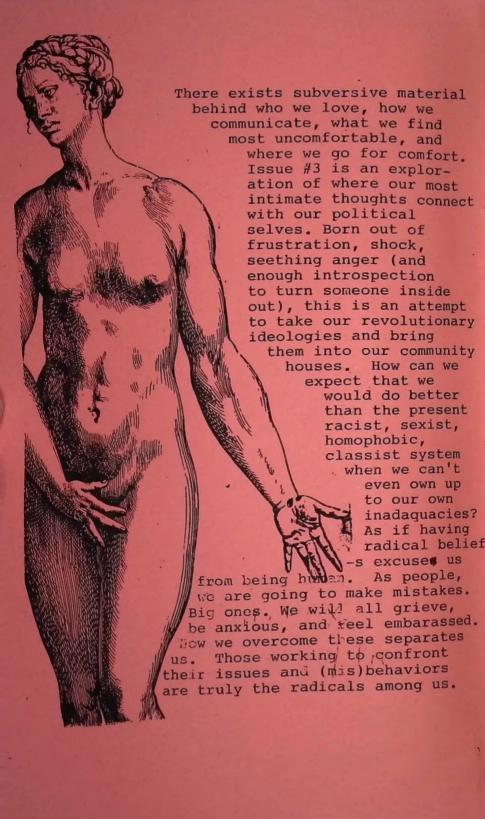
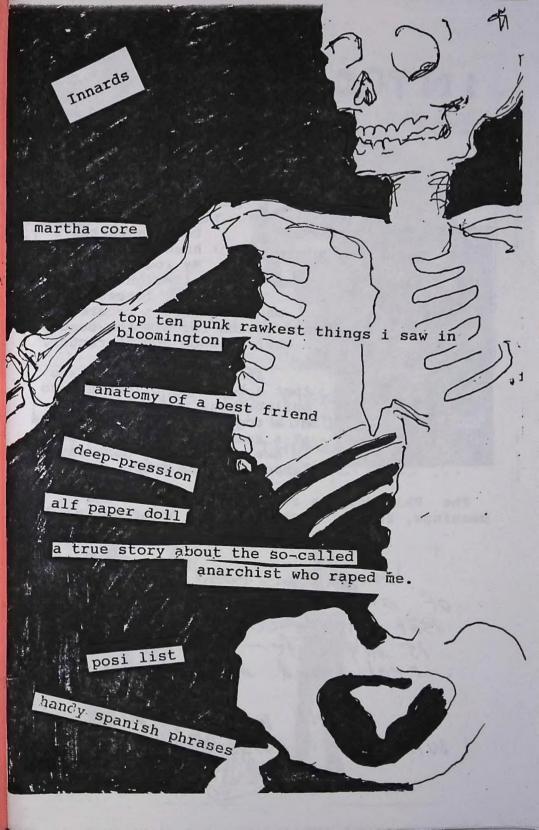
a womyn, a busted type writer, and strategies for addressing gender, race, and the current state of anarchist community.







INTRO: this is where i ramble.

I have taken to spending my mornings on the green wooden porch swing that overlooks our lush garden. I am

ridiculously lucky to live in the I am human and house that I'm in. I need to be loved. My roomates are all mighty power make me want to record every

interaction for all the beauty in their wisdom and character.

It was about a year ago that I began my pilgramage to philadelphia under the guise of a romance. That too passes at a speed that has left me in awe. But as my pops says, "whaddya gonna do?"

The Philadelphia summer is taking on new meanings, full of prosperity and oppertunity.

1594E#3 has been somewhat of an experiment. This
isat a psudo diary, this
is my life—excruciatingly
real and alive.

will be answered.

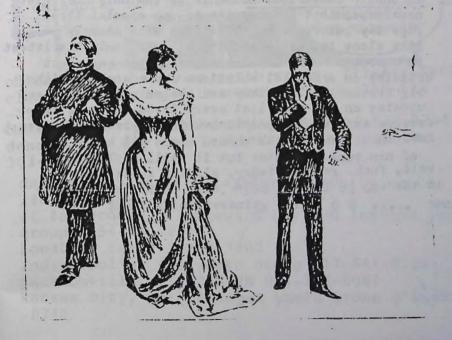


THANKS FOR PICKING THIS

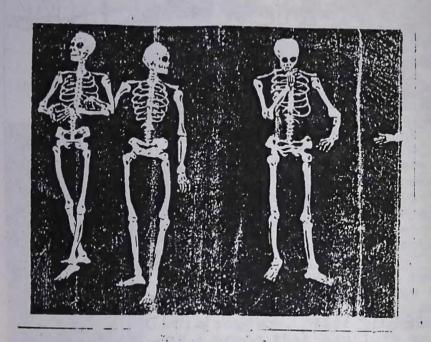
15SUE UP. I'VE KIND OF BEEN

LOOKING AT THINGS FROM

THE INSIDE. AND SOMETIMES ...



IT CAN GET A LITTLE CREEPY.



necessary reading list
an onward subscription. this is the only anarchist
news paper that i subscribe to. no special three
page lay out for dead white guys with chomsky
like sleep inducining abilities here. only the latest
in anarchist news local and world wide and great
articles on practical solutions for a society without
big brother. plus, they are the only ones who have
updates on the ppow list every issue. hooray, they
deserve exclamation points but this typewriter doesn;
thave such luxuries. It onward above all has a lot
of non punk character but it still as lively as
well, fuck. get one today, sliding scale 7-i0
in the us. po box 27 267 argh there is no number
me 2 6 7 one, gainesville fl 32602

queer. questioning, need to talk? gay youth groups and other young people who understand



atlanta, ga: gay community center youth 404-876-5372 group

austin, tx: out youth bangor, me: outright 512-419-1233 birmingham, al: pflag 207-990-2095 205-879-5150

boston, ma: boston alliance of gay and lesbian 800-42-BAGLY vouth

WAS PROMISED?

burlington, vt: outright vermont: 802-852-9677 charlotte, nc: time out youth 704-334-8335

columbia, sc: gay community center: 803-771-BIG KISS I

chicago, il: horizons youth group 773-472-6469 cleaveland, oh: gay community center 216-522 -1999

dallas, tx: gay community center 214-528-9254 dencer, co: gay and lesbian community center 303-733-4297

detoit, mi: gay and lesbian community center 248-398-4297

ft lauderdale, fl:broward gay and lesbian youth group 954-630-3386

houston, tx: 713-942-7002

7713

indianapolis, in: youth group 317-541-8726 jacksonville, fl: JASMYN 904-389-0089

kansas city, mo: passages youth group 816-691 -8740



long island, ny: pride for youth 516-665-2300 los angeles, ca: youth support services 323-962-1911

louisville, ky: louisville youth group 512-894-9787

memphis, tn: memphis area youth 901-335-6249 milwaukee, wi: milwaukee youth group 414-265-8500

minneapolis, mn: district 202 612-871-5559 new orleans, la: youth group at lesbian and gay community center 504-945-1103



new york city, ny: lesbian and gay community center 212-620-7310

norwalk, ct: outspoken 203-853-0600

norfolk, va: project hope/TACT 757-583-2499 on omaha,nb:

omaha, ne: youth hotline 402-473-7932

philadelphia, pa: the attic 215-545-4331 pheonix, az: community center youth services

program 602-264-kids

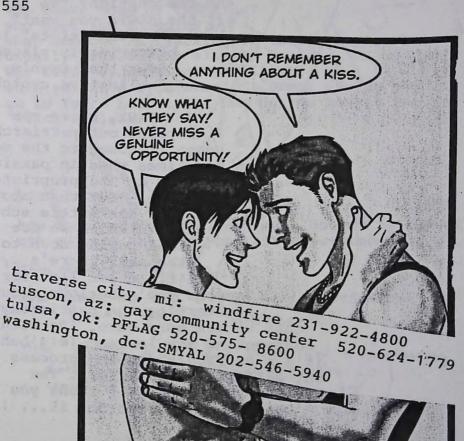
pittsburg, pa: gay and lesbian community center 412-422-0144

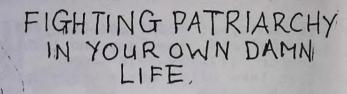
portland, me: outright 207-828-6560

portland, or: sexual minority center 503-872-9664

richmond, va: ROSMY 804-353-1699

x springfield, mo: gay and lesbian community
center 417-869-3978
slat lake city, ut: gay and lesbian center
801-539-8800
san fransisco, ca:LYRIC 415-703-6150
san jose, ca: billy defrank center 408-293-2499
sarasota, fl:ALSO 941-252-also
seattle, wa: GLBTQ hotline 800-425-0192
springfeild, ma: outnow 888-829-9990
st. petersburg, fl: true expressions 727-3455555





"man, that is sooo sexist", he says, pointing to the giant billboard. It's for a casino, There are a line of women (scantily clad, of course) And the caption? "we have all the SLOTS you want". The word "slots" is precariously placed over the women's collective crotch.

when it comes to the media.

Even sometimes when in passing
a friend says an inappropriate
comment or joke. But what about

Ok, so we can

our own actoins? the little subtle

ways in which we are

still bowing down to

the man. Here's my

little check list for

anyone who's serious about
subverting the patriarchy
that we are born into. As with
confronting any learned (mis)behavior

it's a difficult ongoing process.

But well worth the effort. The women in your life will thank you for it. Don't take my word for it...!

the heartfelt guide to subverting patriarchy

in the home:

house? How collective So, you live in a live is it really?

1. who does the dishes most of the time? puts them

2. who cooks most of the time?

3. who does the shopping?
4. when someone is slacking on their chore, who usually bicksup the slack? 5. Who keeps order with the bills?

6. when you have a personal dilemma, who do you go to for a good talk? who do you invite to "watch the game"?

in your personal life;

- how much do you talk? how much do you talk over others? how much do you talk over women?
 - How much de von listen?
- How fruch do you bring the conversation back to "I" statements?
- 1. How often do you take on a nurturing role with your Friends? Who do you go to for nurturing?

TAKE TIME TO EXPLORE YOUR INTERACTIONS

ODEEP - PRESSIOND

yikes. a break-up. a sudden move. debt. rejection. There's all sorts of crapity crap to make you feel all kinds of weighed down. If you notice that you are sleeping too much, your eating habits have changed or that you are on your way to becoming a recluse, ther this may just hit home. This is the official heartfelt guide to overcoming heart ache.

week one. Okay, so you just recieved some form of bad news. You're probably feeling pretty poopy. Instead of struggling upstream, go with the flow. Think of the first week as a mini-vacation. It will not feel like you're spending the week in Europe, but this is the time to treat yourself as if you were. I'm talking guiltless self indulgence. Think soy delicious root beer floats, long distance calls, long walks, scented baths, reading childrens books (or watching the power puff girls), and plenty of HANKSHAW! nothing like some bitterness to sweeten your situation. Re-examine what pleases you and immerse yourself in that tender nurturing that only you can provide.

week two. You want to feel among the living again. Now all you need is a coffee induced mania! Enough of this stuff and you'll be bouncing around like pokemon 2000. While hopped up on the "magic juice" tackle some of those tasks you've been putting off. Like laundry. You will feel so much more at ease when you are in a clean room. And since you'll



longing for fall



be so gosh darn motivated, you might as well pick up a copy of Martha and do a little redecorating. Moving furniture around can be a really new agey way to "change your outlook". Keep a pen and some paper handy at all times to write down your caffinated brainstorms. You may be suprised what you can think up when your idea tank is doing 180. You may want to keep a posi list handy for when you're not a human tornado. There's a sample in the back of this issue. Other good lists are "when I have free time I will", "I really should get in touch with these people", and my favorite, "someone should"...

week three. Now is the time to accept grief's not we altogether ironic consolation prize. Notice the teeny tiny good things that may have arisen out of your situation. Now get out, get out, get out! quit moping and go outside. and use any social event to leave your house. "We must be willing to get rid of the life we've planned, so as to have the life that is waiting for us".

week four. start up a project from one of your lists. have a party for no reason. do lots of baking go visit a far away friend. cut your hair short. measure in increments other than time.

To risk trying, knowing that loss is inevitible is the single most important challenge of our lives.



Top ten punk rawkest things to in Bloomington Indiana.

From September to January, I lived in awe of it. Even though it was only a few short months, I can honestly say that Bloomington Indiana is the home of in unparalelled punk rockness. The people in the town are fierce! Whether it's building a bookstore by hand or using stale Rockit's breadstix for paint brushes, this town is full of creative genius!

1. Roger using poly urathane to spike his mohowk and using paintuthinned to take it down.

2. Oven mitts replacing lost gloves.

3. Getting owed rent money by auctioning off

Dan's stuff at a yard sale.

4. Natalie waking up having swallowed her seprum ring, pukes it up, fishes it out of the toilet bowl and puts it back in.

5. Everyone I know is banned from Kroger.

a towel down, on the couch before his crusty ass friends sit down.

6. composing puppet shows from found sports uniforms in the bookstore's basement.

 a starbucks demo including a rowdy marching band that performs impromptu inside the store.

8. critical mass going into McDonalds drive throughs

9. "Tofu=love" valentines

10. Sam dressing up in a bikini with a santa claus beard and hat on christmas day delivering bags of coal to bankers.



Anatomy of a best friend, for Dan B, the coolest

He gave me his last sip of coffee to wake my lazy ass up. I had been stayin at his flat since the roomates had been bowling down beef bottles with tupperware at five a.m. Then they decided to redecorate, particularly that the window in my room no longer needed to be there. They kindly knocked it out by rolling through it to the couch below.

He nevertheless spotted me and drove me to get food, despite the fact that I was perpetually broke.

He didn't think it was sad or pathetic when I asked him to stay up all night to battle the lonlies.

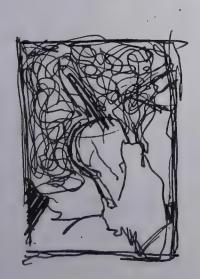
the also thought it to be perfectly normal to roll around the floor screaming into the pickups of a found guitar pretending to be "you and i". He's as good at solidarity moping as he is at making machos to cheer someons up.

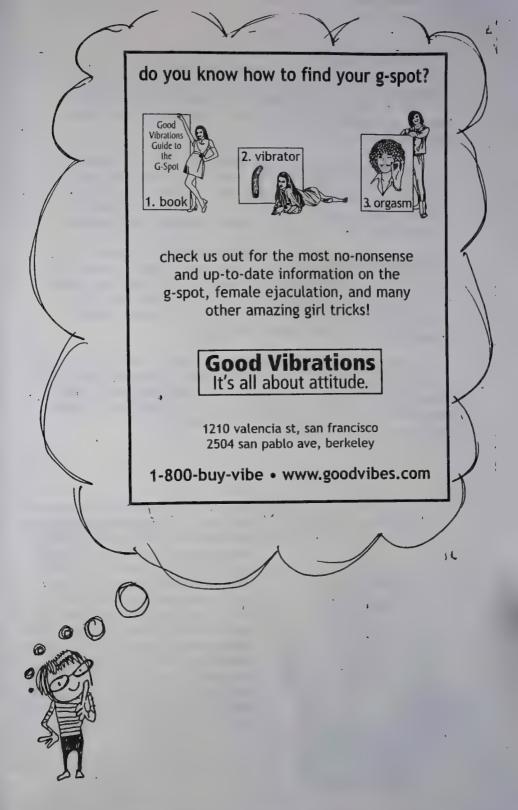
He is the best listener I've ever met, even when put through the woes of crushdom. His ability to sit through the amount of meetings, email and night

marish sleep schedules should award him a life sized tofutti log.

I hope this will serve until I give those tofutti people a good talking to. He has the best sense of humor and I miss him every day since I've moved.

I love you Dan.





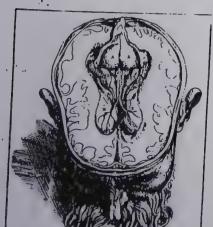
x martha core x
do you browse through magazines, when no one is looking
of course, like home beautiful, simple living, or
the ultra fabulous martha ? do not be ashamed. i
have a subscription to martha. for real, lets bond
together and get crafty.

summer rhubarb tea. cut eight stalks of rhubarb into 3 inch lengths, and them to 8 cups of water, bring to a boil, and simmer for a hour, straing liquid, add sugar and let cool.garnish with the fresh mint that grows in every philly back yard.

coffee cubes. there, s nothing worse than the last sip of ice coffee at it, s peak of watery weakness. ok, so if the ice cubes are made out of coffee, then it wont get diluted freeze freshly made coffee or tea in ice cube trays. yurmy, you can also blend them with soy milk for a smoothie.

a flame, the gaseous sulfur compounds released form the onions will burn off before they fire bomb your peepers. this works with a stove best but a votive candle also will do.

making soap bars, making is soap from scratch takes a long, long time, you can cheat by chopp ing up unscented glyscerine soap into 2 cups of half



inch chunks. melt in a double boiler or microwave high for one minute. skim any froth. mix in essential oils of choice. milk/juice carton bottoms or smooth sided tomato paste cans make great molds. brush mold with essential oil of veggie oil, pour in liquid soap, let harden for two hours. you can add fun things like poppy seeds, oatmeal, fern sprig ora spiral of orange peel.

How many freaking cars can there be?



No matter how much how much how much money is;
spent, or what flavor of candy it looks like,
it candy it looks like,
in a little trox





1 & that not enough validation goes into running a home. friedans the problem that has no name blames middle suburban white house wives depression on all things due tice i think it has more to do with the lack of choice more importantly that womens work is devalued. king as a feminist who hordes ikea catalogueg-like fine , i find joyous creativity in housework, i am not ng that all mwomen should feel an innate love for chores decoration. 1 do feel that we shouldn't shun those who plus a clean home leads to interesting sex. im not e taking asmasturbation brake to discover what dust s beneath the table. while im at it, heres some tips. having a neatly made bed is more appealing to those want to get into it. 2. clean your floor until it is enough to get on all fours, sniff crotch and howl like og in heat. 3. on beds, high beds lend to more interesting itions then a futon on the floor, 4.do not overlook the tle mood setters like scented candles and soft sheets. ake yourself a pleasure chest and keep it within arms gth of your bed. include condoms, a variety of lubes. nted oils, lickable lotions, cuffs or a soft scarf, a ngfold, vibrators and plenty of spare batteries. keeping lean towel by, your bed will be appreciated. Elso make e your chest has a lid. cats seems to enjoy batting

around nipple clamps i dunno why ...

paper doll ALF instructions: all O cut out of figure along the dotted arms 417 2 cut out right right arm here! and access orize! (match'A tabs to B' 3 color and han on the fridge 4 rememb to wear gloves!

"Labs don't burn down themselves, they need our help!"

-Josh, Free the Animals





"What kind of person can we admire, can we ask young people of the next generation to emulate- the strict follower of law or the dissident who struggles, sometimes within, sometimes against the law, but always for justice?"

-Howard Zinn, Declarations of Independence

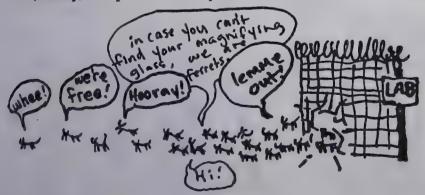
What is the ALF?

The Animal Liberation Front (ALF) is an international organization that seeks the total elimination of animal abuse and suffering at the hands of humans. The ALF has no formal leadership and no real membership. It is made up of individuals working in small groups called cells that do non-violent direct action. For security reasons there is no communication between cells so that if one cell is infiltrated or arrested it will not affect any other ALF cell.

What purpose does the ALF serve?

The ALF liberates animals from places and situations of abuse (fur farms, laboratories, factory farms, etc.) and places them in safe and caring homes where they may live out their natural lives free from suffering or exploitation.

The ALF also inflicts economic damage on those who profit from the death, misery, or exploitation of any animal.





Laboratory liberations

Here are some skills, information, people, and items you will most likely need for a lab raid:

- 1) Knowledge of the building noting all security, exits, stairways, doors, and of course, the location of the laboratory.
- 2) Knowledge of the number and species of animals, and the physical condition that they are in depending on the experiments they are being used for.
- 3) Ways to bypass locks and doors (i.e. lockpicks, drilling equipment, crowbars, sledge hammers, etc.).
- 4) A way to bypass security systems and guards if they exist.
- 5) Lookouts with walkie talkies and preferably also police scanners to monitor police activity.
- 6) Boxes or animal carriers to safely transport the animals in.
- 7) Dependable vehicles to take animals away.
- 8) A very trusted and competent veterinarian to examine and treat the animals after they have been liberated.
- 9) Safe, caring, and dedicated homes for all the animals.
- 10) A brilliant plan to bring all these things together.

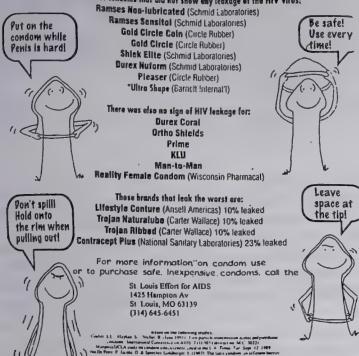
Tips: Be sure to wear masks and gloves, The best way into a lab is not always the front door, think about going in through a wall or even the ceiling. Doors can be pried off their hinges or if you can get a book and practice, lock picking or lock drilling might be better meth-

- ods. While in the lab take any information (files, videos, computer disks) that you can. Destroy anything valuable or vital to the lab (com-
- puters, cages, files, etc). Bring a pair of bolt cutters to help cut shit.

CONDOM UPDATE NEWS YOU CAN USE!

One of the main uses of condoms is protection against HIV so it important to know which condom brands are the safest.

Here's e list of condams that did not show any leakage of the HIV virus:



EMERGENCY CONTRACEPTION

These methods should not be used in place of regular birth control, but can be effective to prevent pregnancy if used within 1-3 days of having inprotected sex or a condom break. It's always a good idea to tell a friend what you're doing so they can get you to help, should you need any.

In the first moments after risky sex, insert a 500 mg. Vitamin C tablet (non-chewable) into your vagina. Twice a day for the next 3 days, insert another 1-2 tablets in the vagina. This creates a hostile environment for sperm. At the same time, take 1,500 mg. tablet of Vitamin C orally every hour (6000 mg/day). This method does not work as well for women who are already used to taking high does of Vitamin C, and can cause burning or irritation in the vagina.

White Privilege: Unpacking the Invisible Knapsack

by Peggy McIntosh

hrough work to bring materials from Women's Studies into the rest of the curriculum, I have often noticed men's unwillingness to grant that they are over-privileged, even though they may grant that women are disadvantaged. They may say they will work to improve women's status, in the society, the university, or the curriculum. but they can't or won't support the idea of lessening men's. Denials which amount to taboos surround the subject of advantages which men gain from women's disadvantages: These denials protect male privilege from being fully acknowledged, lessened or ended.

Thinking through unacknowledged male privilege as a phenomenon, I realized that since hierarchies in our society are interlocking, there was most likely a phenomenon of white privilege which was similarly denied and protected. As a white person, I realized I had been taught about racism as something which puts others at a disadvantage, but had been taught not to see one of its corollary aspects, white privilege, which puts me at an advantage.

I think whites are carefully taught not to recognize white privilege, as males are taught not to recognize male privilege. So I have begun in an untutored way to ask what it is like to have white privilege. I have come to see white privilege as an invisible package of unearned assets which I can count on cashing in each day, but about which I was 'meant' to remain oblivious. White privilege is like an invisible weightless knapsack of special provisions, maps, passports, codebooks, visas, clothes, tools and blank checks.

Describing white privilege makes one newly accountable. As we in Women's Studies work to reveal male privilege and ask men to give up some of their power, so one who writes about having white privilege must ask, "Having described it, what will I do to lessen or end it?"

After I realized the extent to which men work from a base of unacknowledged privilege, I understood that much of their oppressiveness was unconscious. Then I remembered the frequent charges from women of color that white women whom they encounter are oppressive. I began to understand why we are justly seen as oppressive, even when we don't see ourselves that way. I began to count the ways in which I enjoy unearned skin privilege and have been conditioned into oblivion about its existence.

My schooling gave me no training in seeing myself as an oppressor, as an unfairly advantaged person, or as a participant in a damaged culture. I was taught to see myself as an individual whose moral state depended on her individual moral will. My schooling followed the pattern my colleague Elizabeth Minnich has pointed out: whites are taught to think of their lives as morally neutral, normative, and average, and also ideal, so that when we work to benefit others, this is seen as work which will allow "them" to be more like "us."

I decided to try to work on myself at least by identifying some of the daily

effects of white privilege in my life. I have chosen those conditions which I think in my case attach somewhat more to skin-color privilege than to class, religion, ethnic status, or geographical location, though of course all these other factors are intricately intertwined. As far as I can see, my African American co-workers, friends and acquaintances with whom I come into daily or frequent contact in this particular time, place, and line of work cannot count on most of these conditions.

- 1. I can if I wish arrange to be in the company of people of my race most of the time.
- 2. If I should need to move, I can be pretty sure of renting or purchasing housing in an area which I can afford and in which I would want to live.
- 3. I can be pretty sure that my neighbors in such a location will be neutral or pleasant to me.
- 4. I can go shopping alone most of the time, pretty well assured that I will not be followed or harassed.

- 5. I can turn on the television or open to the front page of the paper and see people of my race widely represented.
- 6. When I am told about our national heritage or about "civilization," I am shown that people of my color made it what it is.
- 7. I can be sure that my children will be given curricular materials that testify to the existence of their race.
- s. If I want to, I can be pretty sure of finding a publisher for this piece on white privilege.
- 9. I can go into a music shop and count on finding the music of my race represented, into a supermarket and find the staple foods which fit with my cultural traditions, into a hairdresser's shop and find someone who can cut my hair.
- 10. Whether I use checks, credit cards, or cash, I can count on my skin color not to work against the appearance of financial reliability.
- 11. I can arrange to protect my children most of the time from people who might not like them.
- 12. I can swear, or dress in second hand clothes, or not answer letters, without having people attribute these choices to the bad morals, the poverty, or the illiteracy of my race.
- I can speak in public to a powerful male group without putting my race) trial.
- 14. I can do well in a challenging situation without being called a credit to my race.
- 15. I am never asked to speak for all the people of my racial group.

- 16. I can remain oblivious of the language and customs of persons of color who constitute the world's majority without feeling in my culture any penalty for such oblivion.
- 17. I can criticize our government and talk about how much I fear its policies and behavior without being seen as a cultural outsider.
- 18. I can be pretty sure that if I ask to talk to "the person in charge," I will be facing a person of my race.
- 19. If a traffic cop pulls me over or if the IRS audits my tax return, I can be sure I haven't been singled out because of my race.
- 20. I can easily buy posters, postcards, nicture books, greeting cards, dolls, b, and children's magazines featuring people of my race.
- 21. I can go home from most meetings
- of organizations I belong to feeling somewhat tied in, rather than isolated, out-of-place, outnumbered, unheard, held at a distance, or feared.
- 22. I can take a job with an affirmative action employer without having coworkers on the job suspect that I got it because of race.
- 23. I can choose public accommodation without fearing that people of my race cannot get in or will be mistreated in the places I have chosen.
- 24. I can be sure that if I need legal or medical help, my race will not work against me.
- 25. If my day, week, or year is going badly, I need not ask of each negative episode or situation whether it has racial overtones.
- 26. I can choose blemish cover or bandages in "flesh" color and have them more or less match my skin.

Decriminalize Prostitution









this isnt a story about anarchism, this is about rape.

there seems to be this assumption that there are no rapists within our community. that the men are all aware of respecting limits. or if they arent their reputations would be ruined and no one would ever work with them, but that is not true.

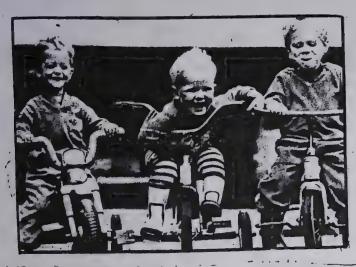
there is a rapist that runs a *collective, in richmend. va. apparently all of the distros, bands, and magazines that opperate through the peoples resource center is ok with that, because, as he says in his defense, there is no proof. in fact, people have come up with all kinds of ridiculous reasons for speculation of not only my, but two other personal accounts of me chris mellens trespases. if there was one thing that made metruly livid, it was the amount of men who wanted to know every detail, as though they had a right to that informations i am really confused as to where their model of how to deal with rape truly is. how are we as supposed revolutionaries, any different than the courtroom whnen the survivors are aka told that it is nothing more than a personal conflict and that we should learn to work with chris on a personal level? or that it i was admitting consent because i never filed a police report. or that chris is running a politic al book store so he is obviously not aware of his ze wrongdoings and just needs to be supported. like the fact that he attempts to lead a political lifestyle excuses him.

it seemed like he had more protection than i had. I decided to go public after meeting two other women with similar stories. scarily similar. like in all three ca ses he said things like i didnt hear you say no, i didnt understand ill make it up to you you werent clear enough your body language was telling me you want it.

i know what happened to me. i know it was rape, and he hasnt taken any steps for accountability. in fact he denies all of our stories.



PORTRAIT OF THE ANIMAL.

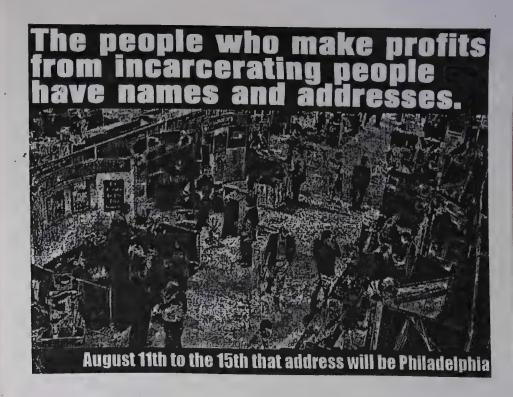


立 ANARCHIST JOKES 公

Why don't anarchists drink Lipton? Because proper tea is. theft!

Why cont: Andrchists draw straight lines?

1 Because they don't have any rulers!



This Summer (August 11th-15th) the American Correctional Assoiciation will have there annual congress

and trade show in Philadelphia

The ACA defines it self as an umbrella organization for all those in the corrections industry. Their members include Department of Corrections officials, prison guards private prison companies and large corporations seeking

prison contracts for their products

A coalition of Philadelphia activists are organizing an alternative conference on the Prison Industrial Complex and protests throughout the week. Together we can give a good kick in the pants to the Prison Industrial Complex in August and in the future

Join us at our weekly meetings:

Wednesdays 7-9pm

Friends Center (1501 Cherry Street)

for more information: email prisons@critpath.org or mail to CAACA, clo WILPF, 1213 Race St, Philadelphia PA 19107

HANDY SPANISH PHRASES

- 1. 10 you more than Los Crudos.
 - Te Quiero mas de Los Crudos.
 - 2. your mom called.
 - Llamó tu mama
 - 3. I hate this job, I quit!
 - | Odio mi trabajo, estoy - saliendo/
 - A. Fuck you, Whitey, I'm Not paying anything!
 - i Chingate blancita, No Voy
 - 5. I want to be a Zapatista when I grow up,
 - Quiro ser una Zapatista - Cuando soy una adulta.

Briefly, Political Prisoners and Prisoners of War (PP/POWs) are those persons who have been sent to prison for conscious revolutionary political activities taken on the streets. Prisoners who went to prison as a result of non-politically motivated so-called *crime* and became political while in prison are not Political Prisoners or Prisoners of War. Though prisoners who struggle against the repressive prison conditions deserve support, PP/POWs demand priority support of the revolutionary movements that they have sacrificed their freedom to build. As anarchist POW Ojore Lutalo has stated, "Any political movement that does not support its political internees is a sham movement! This list has been compiled and is maintained by the Jacksonville branch of the Anarchist Black Cross Federation. Prisoners addresses may change without notice due to transfers. We call this a 'partial list' because there may be PP/POWs in prison that we have not yet been made aware of. The ABCF is a collection of North American ABC collectives who have joined to focus our collective energies on supporting and defending PP/POW's. For more information about PP/POW's, what we do to support them, and what you can do to help, to inform us of an incorrect address contact get in touch.

MARILYN BUCK 00482-285 / Unit B 5701 8th St. Camp Parks Dublin, CA 94568

JANET HOLLOWAY AFRICA. 006308 / 451 Fullerton Ave Cambridge Springs, PA

16403-1238

DÉBBIE SIMS AFRICA JANINE PHILLIPS AFRICA 006307 / 451 Fullerton Ave 006309 / 451 Fullerton Ave Cambridge Springs, PA Cambridge Springs, PA 16403-1238 16403-1238

LEONARD PELTIER 89637-132 / Box 1000 Leavenworth, KS 66048

Dr. MUTULU SHAKUR 83205-012 / Box PMB Atlanta, GA 30315



R. Shoats AF-3855 / SCI Green 1040 E. Roy Furman Hwy. Waynesburg, PA 15370-8090 Receives \$30 per month



Sekou Odinga 05228-054 / Box 1000 Marion, IL 62959 Receives \$60 per month



Sekou Kambui (W. Turk) 113058 / Box 5107 Union Springs, AL 36089 Receives \$30 per month .



Oscar López Rivera 87651-024 / Box 33 Terre Haute, IN 47808 Received Emergency Funds



A. Bottom (Jalil Muntagim) 77A4283 / Box 618 135 State St. / Auburn, NY 13024 Recieved Emergency Funds



Sundiata Acoli (Squire) 39794-066 / Box 3000 White Deer, PA 19887 Recieved Emergency Funds

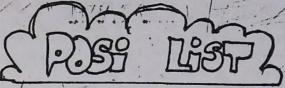


Yu Kikumura 09008-050 / Box 8500 Florence, CO 81226-8500



Haniff Shabazz Bey (Gereau) 96544-131 / Box 8500 ADX Florence, CO 81226 Received Emergency Funds Receives \$60 every 3rd month:

good things. while typing this godforsaken issue, many hardships were endured, please excuse the million typos and other layout catastrophies. my deadline got pushed up due to expenses and well, these things and or people kept/me sene. one. the book former must read for every human being alive interested on what it means to be a wamanxi ikaxmaxi: feminist woman today. 2. rice mer run cd. the best indie pop punk of the year political and more fun than tofutti mac n observatise over fun o kwm ha, 40neo w. 4th street, bloomington in, 47408 riseover riseoverrun tofuequal slove.com 3. land and brooke for their infinite patience and care of a broken heart and also for lances rad 4. sapatisty portion of the sapatisty portion with their 5, all the granesville kids who i lived with, their trust and love is illumin ating 6. doris minus fifteen if you have any desire to read the most amazing zine ever, then this is for you. eindy po box-one seven three four, ashville, no 28802 7. all the funny little god pamphlets littering the septa railways. . check this out... funny ch? JESUS! oh love see you next issue



Yes folks, it's the return of the post-list!
For every time you catch yourself thinking of
poopy things here is my list of sunshiney
happiness! (post list 100-150)

100. Supcakes with icing that sticks all over the roof of your mouth.

101/. tank tops

102. poer puff girls have replaced barney

1,103. the beach

104. places where sand doesn't follow you home

05. when the sky gets all grey and for boding

106. awaking from an awesome dream

107. being able to fall back asleep and catch tt.

108. funny sticky uppy hair

109. people you recognize by their laugh (dan action).

110. school-schmool

111. the kind of nock ups thatgets you really good food or art supplies!

112. learning how to say "I have my job" in spanish (see the handy spanish phrases)

113. radical cheers

114, radical cheer leaders!

115. when your friends drop by with chocolatey

116. all the funny things people do to disguise bad haircuts

117. living with people who posess unhumanly good cooking abilities (hi patrick)

118. fresh basil

119. how cheap rent is in philly,

120. Say Anything

121. Anyone who can get me a copy of "Robots 1, humans 0" *** ahem, hint.

122. snail mail

123. soy delicious root beer floats

124. grass stains

125. all the fun ways you can get grass stains!

126. venting 127. friends you way you can always laugh with

128. friends you know you can always-cry with.

129. meeting other chronic list makers

130. finishing a long ass book

131. 50's kitzch

132. a perfect shower thing

133. mocha anything

134. the pogues

135. that picture from Montreal of someone in a hockey uniform hitting the tear gas canisters back to the cops!

136. damn crooked margins cause you're so hopped

up on coffee

137. people who don't correct spelling errors.

138. art by jhomen vasquez

139. cat naps, with a cat

140. advocadoes!

141. when the cat decides she is going to help you type.

142. warm sun on your skin

143. the smell of clean laundry

144. super gooey pb&j

145. older radicals, and i mean like 60

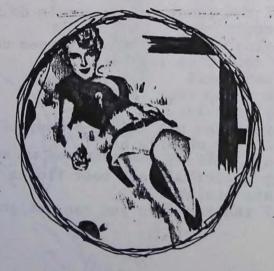
146. the fact that typewriters are way cooler than computers.

147. flexing your muscleand people's reactions.

148. ceiling fans

149. ladie's night at the firing line

150. overcoming heartache, the moment when you know you're finally over that jerk, for real!



half way thrumuuu the writing of ta this t fine issue my computer decided to die, which is fine, except thre day before my deadline for printing thetype writer decided to also pass on. and now i am typing on an old smithcorona that is missing t he a, key and was described to me as the power-wrist model. well, viola, issue number three, thanskskskit mucho to sebastian for help with the printing, willy to my housemates for listening to myrants and for sharu ragh, to my bestest frie nds dan and mel. beth and molly for the last minute fix, and to every one who in one way or another helped out with the chris mellen stuff. 2 you are the reason i could come o forward thanks in particular to gene in gainsville and to the queer liberation front in richmo nd





heartfeltzine

Thilly PA: 19143-998

